

## More Strategies for Preventing a Fall

### Practice Good Housekeeping

- Keep hallways, stairs and other walkways free of obstacles
- Keep electrical cords out of walkways.

### Remove Hazards

- Clean up spills as soon as they occur.
- Remove objects from walkways.
- Pick up trash and litter on the floor.

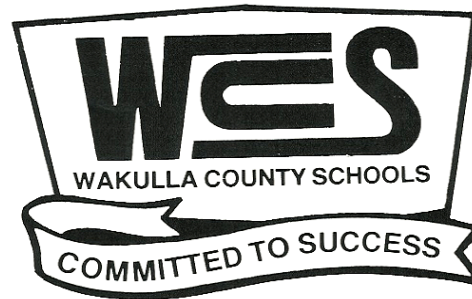
### Alert Others to Hazards

Mark hazards to warn others until the hazards can be removed.



*Report loose or damaged carpet and tiles.*

**Report hazards for clean-up, repair or replacement.**



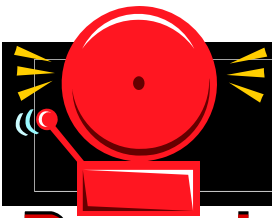
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**The MOST dangerous activity in our schools...**

*A Safe Place to Learn and Work*

Wakulla County  
Public Schools  
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# ...WALKING!!

## Danger!

Here's where employees get hurt:

- Hallways
- Wet floors
- Steps
- Cafeterias
- Walkways/sidewalks
- Parking Lots
- Doors and walls
- Classrooms
- Playgrounds



*Walking can be a painful experience.*

## The Hazards of Walking

The majority of slips, trips and falls occur while walking from one place to another on a flat surface. Many of these injuries are caused by:

- Not paying attention to or being distracted from the pathway in front of you.
- Carrying objects that obstruct your view.
- Walking too fast or being in a hurry.
- Wearing shoes with slick soles.
- Not steering clear of hazards such as ice and snow, wet floors or obstructions in the walkway.
- Tripping on clutter and obstacles in high traffic areas or students in the hall.
- Bumping into doors, walls and out of place equipment.



## The Watchful Walker

Here's what you can do to prevent slips, trips, and falls:

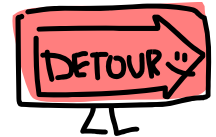


**PAY ATTENTION TO THE PATH IN FRONT OF YOU.**

Watch for wet surfaces, especially inside building entrances, by drinking fountains and sinks, and in bathrooms and cafeterias.

Don't read or otherwise distract yourself while walking.

Walk around hazards.



**DON'T HURRY**

Moving too fast increases your chance of missing a step. Also, you may not see a hazard in time to avoid it.

**DON'T CARRY LOADS THAT BLOCK YOUR VIEW.**

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